



FOR IMMEDIATE RELEASE:

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Lono Tyson named 2013 Mount Wilson Trail Race Race Starter

Sierra Madre, CA. – May 7, 2013

The Mount Wilson Trail Race Committee is happy to announce Lono Tyson, long time Mount Wilson Trail Race runner, as the 2013 Official Race Starter for the Mount Wilson Trail Race.

Triathlete. Snowboarder. Surfer. Weightlifter. In the gym 7 days a week. Super-human running man. He's also a cancer survivor. And he's 85 years old. He's run the Mount Wilson Trail Race more times than we can count. We never begin or end a race without him. An inspiration to all and a positive spirit, a man who doesn't have the words "no" or "can't" in his vocabulary, we are humbled and privileged to have him as this year's Mount Wilson Trail Race "Official Race Starter".

For more information on any of the 2013 Mount Wilson Trail Race please contact the Community Services Department at 626.355.5278.

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