



MEETING AGENDA
Senior Community Commission
City Council Chambers
232 W. Sierra Madre Blvd.
Sierra Madre, CA 91024
Thursday, May 1, 2014
3:00 p.m.

Nina Bartolai, Chair
Amy Putnam, Vice Chair
Frances Garbaccio, Commissioner
Dorothy Jerneycic, Commissioner
Marilyn McKernan, Commissioner
William Nelson, Commissioner
Jacque Pergola, Commissioner

CALL TO ORDER

Chair Bartolai

ROLL CALL

**Commissioners Bartolai, Garbaccio, Jerneycic,
McKernan, Nelson, Pergola, Putnam**

PLEDGE OF ALLEGIANCE

Commissioner Pergola

APPROVAL OF AGENDA

**Majority vote of the Commission to proceed with
Commission business**

APPROVAL OF MINUTES

**Senior Community Commission meeting on April 3,
2014**

COMMUNITY INPUT

At this time, any person may address the Senior Community Commission concerning an item that is not on the Agenda. The Commission welcomes your attendance and participation. When addressing the Commission, please begin by providing your name and address for the record. Please keep comments to no more than five minutes to assure an orderly and timely meeting.

Copies of the Agenda are available for your convenience at the rear of the Council Chambers. State legislation (Govt. Code Section 54954.2) limits the Commission's ability to take action on specific requests. Govt. Code Section 54954.2 limits the placement of items on the Agenda for action 72 hours prior to meetings, except for specific findings.

No action or discussion may be undertaken by the Senior Community Commission on any item if not posted on the Agenda, except that Commissioners or staff may briefly respond to statements made or questions posed by the public, or a Commissioner or staff liaison may ask a question for clarification, or make a brief report on his or her own activities. A Commissioner or the Commission itself may provide a reference to staff to report back to the Commission at a subsequent meeting concerning any matter or may direct staff to place a matter of business on a future agenda.

ACTION ITEMS AND REPORTS*

1. Senior Services Update

A. Recreation Supervisor Report

B. Senior Donation Account – Month Ending Balance

Status report regarding items of interest to the Senior Community Commission. Recommendation that the Senior Community Commission receive and file.

2. Older American Reception Update

Discussion of the Older American Reception. Commissioners to select restaurants for follow up.

- 3. Review of Resource Guide Draft** Commission to review the draft of the Resource Guide and provide feedback to the Ad-Hoc Committee.

- 4. Commissioner Updates** Commissioners provide oral reports concerning their respective assignments or activities relating to City business.

**ACTION ITEMS*

Regardless of a staff recommendation on any agenda item, the Commission will consider such matters including action to approve, conditionally approve, reject or continue such item. Further information on each item may be procured from the Community Services Department.

NEW BUSINESS AND MATTERS FOR FUTURE AGENDAS

ADJOURNMENT

The Senior Community Commission will adjourn to their regular meeting on Thursday, June 5, 2014.

If you require special assistance to participate in this meeting, please call the City Manager's Office at 626-355-7135 at least 48 hours prior to the meeting.

**MINUTES FOR
Senior Community Commission
April 3, 2014 at 3:00 pm**

Chair Bartolai called the meeting to order at 3:02 pm.

ROLL CALL:

Present: Commissioners Garbaccio, Jerneycic, Nelson, Pergola, Putnam

Excused: Commissioner Pergola

Late: Commissioner McKernan

Also Present: Nancy Walsh, Mayor
Elaine Aguilar, City Manager
Adam Matsumoto, Community Services Manager
Kyle Schnurr, Recreation Supervisor

PLEDGE OF ALLIANCE:

Lead by Commissioner Garbaccio

APPROVAL OF AGENDA:

Motion to approve the agenda for the April 3, 2014 Commission meeting.

Moved by: Commissioner Putnam
Seconded by: Commissioner Nelson
Vote Yes: Unanimous
Vote No:
Absent: Commissioner Pergola, McKernan

APPROVAL OF MINUTES:

Header on the minutes state February.

Motion to approve the minutes of the March 6, 2014 meeting as presented.

Moved by: Commissioner Garbaccio
Seconded by: Commissioner Jerneycic
Vote Yes: Unanimous
Vote No:
Absent: Commissioner Pergola, McKernan

PUBLIC COMMENTS

Mayor Walsh

Announced that this is her last meeting as City Council liaison to the Senior Commission.

ACTION ITEMS AND REPORTS:

1. Senior Services Update

A. Recreation Supervisor Report

B. Senior Donation Account – Month Ending Balance

Recreation Supervisor Schnurr gave the staff report highlighting noteworthy programs and activities. Commissioner Garbaccio confirmed that a car has been reserved for Older American Honoree Dick Johnson. The Getty in Malibu was a suggestion for a future excursion. The Historical Society would be willing to loan a popcorn machine for the movie program.

Moved by: Commissioner Putnam
Seconded by: Commissioner Garbaccio
Vote Yes: Unanimous
Vote No:
Absent: Commissioner Pergola, McKernan

2. Senior Master Plan Committee Appointment

A motion was made to appoint Anita Thomas to the Senior Master Plan Committee.

Moved by: Commissioner Putnam
Seconded by: Commissioner Jerneycic
Vote Yes: Unanimous
Vote No:
Absent: Commissioner Pergola, McKernan

3. Allocation of Funds for the 2014-2015 Fiscal Year

Commissioner Bartolai asked for clarification on the specific items money was spent on for transportation. Commissioner Putnam suggested that the funds for the Older American reception be increased; she also asked for clarification on why the proposed newsletter funds decreased. Commissioner Nelson thought that the new Master Plan and scorecard should be used to make recommendations.

A motion was made to accept the proposed 2014-2015 fiscal year budget as presented with the adjustment of increasing the Older American Reception budget to \$300.

Moved by: Commissioner Jerneycic
Seconded by: Commissioner Garbaccio
Vote Yes: Unanimous
Vote No:
Absent: Commissioner Pergola

4. Commissioner Updates

1. Chair Bartolai
 - Attended the candidate's forum, commented on the new signage, and met with Dick Johnson.
2. Vice Chair Putnam
 - Drafted the Senior Master Plan scorecard and worked the Wistaria Festival.
3. Commissioner Garbaccio
 - Attended candidate's luncheon and has been busy working on the resource guide.
4. Commissioner Jerneycic
 - Attended the whale watching trip, served as moderator for the candidate's forum. Shared information on the Pasadena Senior Center's Conference on Aging which she is attending and invited others to as well.
5. Commissioner McKernan
 - Attended lunch one day at the Senior Center and is working on the resource guide.
6. Commissioner Nelson
 - Lead the whale watching excursion
7. Commissioner Pergola – Absent

NEW BUSINESS & MATTERS FOR FUTURE AGENDAS

1. Senior Resource Guide

ADJOURNMENT

Motion to adjourn at 3:42 pm to the next regularly scheduled meeting on May 1, 2014.

Moved by: Commissioner Putnam
Seconded by: Commissioner Garbaccio



City of Sierra Madre Agenda Report

Senior Community Commission

Nina Bartolai, Chair

Amy Putnam, Vice-Chair

Frances Garbaccio, Commissioner

Dorothy Jerneycic, Commissioner

Marilyn McKernan, Commissioner

William Nelson, Commissioner

Jacquie Pergola, Commissioner

TO: Senior Community Commission
FROM: Kyle Schnurr, Recreation Supervisor
DATE: May 1, 2014

SUBJECT: RECREATION SUPERVISOR MONTHLY REPORT APRIL

SUMMARY

Staff recommends the Senior Community Commission receive and file this informational report.

ANALYSIS

Sierra Madre Senior Services plays an integral part in the wellbeing of the senior community. By providing a multitude of programs, services and activities Sierra Madre assists seniors in maintaining a healthy and independent lifestyle. The following lists the programs, services and activities that were held during the month of April. Additionally, highlights and updates on specific programs and services are included.

EVENT	DESCRIPTION	MARCH 2014	APRIL 2014	APRIL 2013
Strength Training	Class is on Friday afternoon at the Hart Park House from 1:00 pm to 1:45 pm. Class is instructed by volunteer Lisa Brandley.	26	13 3 days only	16
Chair Yoga	Class is every Wednesday morning at the Hart Park House from 11:00 am to 11:45 am, taught by volunteer Paul Hagen	64 3 days only	112 7 days only	39
Blood Pressure	2 nd Tuesday of each month from 11:00 am to 12:00 pm in the Computer Room.	11	11	13
Senior Movie Program	Held the 1 st and 3 rd Wednesday of each month from 1:00 pm to 3:00 pm at the Council Chambers	28	12	7
Bingo	Drop-in bingo played on Tuesday afternoon at the Hart Park House from 1:30 pm to 3:30 pm.	60	47 4 days only	59 5 days
Excursions	Held once a month to an attraction outside the Sierra Madre community.	25 Whale Watching	47 Palm Spring Follies (Sold Out)	30 Palms Springs Follies Sold Out

Senior Services, Programs and Activities Monthly Report

April 3, 2014

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EVENT	DESCRIPTION	MARCH 2014	APRIL 2014	APRIL 2013
Senior Club	Meets every Saturday at 11:30 am at the Hart Park House.	100 approximately	100 approximately	68
Dial-A-Ride	Dial-a-Ride is a point-to-point transportation service for the elderly and disabled residents of Sierra Madre.	184	Numbers will be available on the 10 th of each month	202
Round-A-Bout Shuttle	Seniors are free & provides a way to get around Sierra Madre.	94	Numbers will be available on the 10 th of each month	76
Meals on Wheels	A nutritious meal is provided Monday – Friday to seniors, many of whom are on fixed incomes. For many of the participants this is the only hot meal they have.	177 Delivered 102 Frozen	Numbers will be available on the 10 th of each month	228 Delivered 72 Frozen
Intervale Lunch Program	The seniors enjoy a delicious hot, well-balance meal prepared by BJM Foods. Meals are served Monday through Friday at Noon. Costs of meals are \$2 for seniors 60+ and \$3.75 for guests.	361 Meals Served	Numbers will be available on the 10 th of each month	412 Meals Served
Free Legal Advice	2 nd Wednesday of each month, from 10:00 am to 11:30 am Attorney Lemuel Makupson will be volunteering his time at the Hart Park House. Appointments are necessary.	2	0	2
Free Tax Consultation	Wednesdays 1:00 pm to 2:00 pm, runs January 30 - April10 Tax Consultant Don Brunner will be volunteering his time at the Hart Park House. Appointments are necessary.	17	2 (Only held the first week of April)	2 (Only held the first week of April)
Balance Class	3 rd Monday of each month from 11:00 am to 12:00 pm. Shannon Vandavelde volunteers her time.	11	10	3

Senior Services, Programs and Activities Monthly Report

April 3, 2014

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Tech Talk	2 nd and 4 th Mondays from 2:00 to 3:00pm. YMCA teens assist seniors with understanding technology	3	4 1 day only	n/a
Game Day	Thursdays from 1:00 pm to 3:30pm a regular group of seniors plays poker	21	21	24
Hawaiian & Polynesian Dance	Mondays from 10:00 to 11:00am an informal group of participants practices Hawaiian & Polynesian Dance	18	18 4 days only	25
Total number of "Senior Moments" distributed		Mail: 176 Email: 76	Mail:181 Email:80	Mail: 133 Email: 56

Highlights:

- On Wednesday, April 23 a representative from DMV Senior Ombudsman Program spoke to 22 seniors about maintaining their driving independence, different types of DMV resources available to them, and addressed concerns of senior drivers.
- April Activities included the dyeing of eggs and creating tissue paper flower bouquets on Thursday, April 17. All seniors were able to take eggs and flowers home.
- Movies shown in April were "Gravity" on April 2 and "The Iron Lady" on April 16. Due to electrical problems on April 2, the movie was postponed to June; twelve were in attendance for the movie on April 16. Participants continue to like viewing the movies at the Senior Center.
- As of Tuesday, April 22 the Hawaiian and Polynesian Dance class has a new instructor, Barbara Dempsey, who has over 15 years of dance experience and currently teaches at the La Canada Flintridge Community Center. The numbers continue to grow for this class.
- On Thursday, April 24th five attended the monthly Brain Games Seminar hosted by ComForcare.

Updates:

- Excursions: Twenty-eight are currently enrolled for the May 16th trip to the Reagan Library, eight are enrolled for the June 20th trip to the Aquarium of the Pacific.
- The Senior Master Plan Committee met on Monday, April 7 to review the initial draft of the 2014 Scorecard. They also discussed visiting Senior Centers in the area to gain further ideas for the scorecard.
- Community Yard Sale: Thirty-six vendor spaces are available between the Sierra Vista Parking lot

and basketball court at a cost of \$30 per space. Registration began on Wednesday, April 16 and nine participants have signed up. Vendor check-in will be broken up into three timeslots: 6:00am, 6:15am, and 6:30am. Staff is recruiting girl scouts to assist vendors with unloading their vehicles in the morning. A reservation with Acts Thrift Store has been made to pick up all items at the end of the event.

- Senior Specialist Rebecca Lamas will be leaving the Senior Center and City of Sierra Madre; her last day is Thursday, May 1st. She has accepted a full time job with the State of Nebraska as a Recreation Specialist. At this time there is a general fund hiring freeze and the position will not be filled until further direction is received from City Council.

PUBLIC NOTICE PROCESS

This item has been noticed through the regular agenda notification process. Copies of the report are available on the City of Sierra Madre website and at the Senior Center.

ALTERNATIVES

1. Staff recommends the Senior Community Commission receive and file this informational report.
2. The Senior Community Commission may request additional information from staff on the aforementioned items.

STAFF RECOMMENDATION

Staff recommends the Senior Community Commission receive and file this informational report.

SENIOR FINANCIAL ACCOUNT BALANCE SHEET

PERIOD ENDING

28-Apr-14

SENIOR ACCOUNT EXPENSE

	Expense Category		
Egg Dyeing and Tissue Paper	Seasonal Activity	\$	12.63
Whale Watching Excursion Bus	Transportation	\$	680.00
Palm Springs Follies Excursion Bus	Transportation	\$	1,083.75
Batteries	Supplies	\$	9.80
Memorial Park Monument Sign	Signage	\$	4,210.00

Total Expenses **\$ 5,996.18**

SENIOR ACCOUNT REVENUE

Older American Donation - Buccaneer Lounge		\$	100.00
Older American Donation - Senior Club		\$	25.00
Total Revenues		\$	125.00

Senior Account Balance - Period Ending March 28, 2014		\$	180,302.98
Total Expenses		\$	(5,996.18)
Total Revenues		\$	125.00
Senior Account Balance - Period Ending April 28, 2014		\$	174,431.80



City of Sierra Madre Agenda Report

Senior Community Commission

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Dorothy Jerneycic, Commissioner

Marilyn McKernan, Commissioner

William Nelson, Commissioner

Jacquie Pergola, Commissioner

TO: Senior Community Commission
FROM: Kyle Schnurr, Recreation Supervisor
DATE: May 1, 2014
SUBJECT: OLDER AMERICAN RECEPTION

SUMMARY

Planning discussion for the 2014 Older American Reception on Friday, May 30, 2014.

ANALYSIS

The Older American Reception is an annual event hosted by the Senior Community Commission honoring the Older American of the Year. The 2014 honoree is Richard 'Dick' Johnson and the event will be held Friday, May 30 from 4:30-6:00pm at the Senior Center. Invitations have been sent to friends and family of the honoree as well as to local, regional, and state representatives.

The color scheme for the reception will be red, white, and blue. As indicated in the attachment donations have been received from The Buccaneer, Senior Club, Leonora Moss, and Casa Del Rey, but follow up needs to occur with the other restaurants and organizations.

Commissioners can assist with the picking up any food donations the day of the event. Additionally, Commissioners should arrive by 2:30pm to assist with the event set up which includes arranging tables and chairs, setting up the buffet and drink table, and welcoming guests.

For the 2013-2014 fiscal year, the Senior Community Commission allocated \$250 for this event; \$43.60 was spent on flowers which were given to the recipient upon notification of the honor. The Commission currently has \$206.40 available to spend.

PUBLIC NOTICE PROCESS

This item has been noticed through the regular agenda notification process. Copies of the report are available at the City Hall public counter and on the City of Sierra Madre website.

STAFF RECOMMENDATION

Staff recommends that the Senior Community Commission select restaurants or organizations with whom they would like to follow up and provide direction on the planning process.

ALTERNATIVES

1. The Senior Community Commission can provide direction on the planning process.
2. The Senior Community Commission may request additional information from staff on this item.

Attachments (1):

1. Donations Received

2014 Older American Reception Donations

Merchant	Contact	Donation	Obtained
Leonora Moss	Judith Brandley (355-1180)	Flowers for buffet table	Will drop off 5/30
Buccaneer Lounge	Gerri	\$100.00	Received
Senior Club	Nellie Haynes	\$25.00	Received
Casa Del Rey	Ed Rey (447-4848)	\$20 gift Certificate	Received
Merchant	Contact	What to Ask For	Commissioner
SM United Methodist Church		Linens: 10 round, 4 rect	
Foothill Homecare Partners	Colleen McKernan	Monetary	
Friends of the Library		Wine/Framed Photo	
SM Historical Society	Amy Putnam	Wine/Framed Photo	
Corfu	Vic	Appetizer Item	
Zugo's	Chez	Penne Pasta	
Arcadia Gardens	Maria	Carrot Cake cupcakes	Staff
Only Place in Town	Mike	Maggie Wong's Salad	
Starbucks		Coffee	
ComForcare	Swati Puri	TBD	Staff
Bean Town	Matt Krantz	Fruit Tray	
Villaggio Pizzeria	Gina	Salad	
Sierra Madre Pizza Co.	Leandra Gomez (242-3729)	Garlic Bread w/marinara	
Sierra Briganti		Bruschetta	
Nobee's Flowers		Boutonniere	
Bottle Shop	Billy	Ice	
Vicious Dogs		Hot dogs (can cut in half)	
Poppy Cake Baking Company		Cookies	
Taco Fiesta		Taquitos	
Wistaria Restaurant		Appetizer Item	
Peppertree Grill		Appetizer Item	
Monsieur Crepe		Appetizer Item	
Albertson's		Sandwich/wraps or veggie platter	



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Jacquie Pergola, Commissioner

TO: Senior Community Commission

FROM: Kyle Schnurr, Recreation Supervisor

DATE: May 1, 2014

SUBJECT: REVIEW OF RESOURCE GUIDE ROUGH DRAFT

SUMMARY

The Resource Guide Ad-Hoc Committee is seeking the Senior Community Commission's feedback on the categories, contact information, layout, and format of the Resource Guide.

ANALYSIS

The Resource Guide Ad-Hoc Committee has been working for several months on compiling data to include in the upcoming Resource Guide. As there are many types of resource guides available the Committee chose to focus on resources that specifically serviced the Sierra Madre community. Attached is a rough draft of the resource guide.

Resources are listed by category (banks, florists, senior centers, etc...) and then each resource is listed alphabetically within that category. The address, phone number, website, and email listed for each resource has been confirmed; however, not all the resources have all the contact information. Also, all resources included in the document have been confirmed to service or cater to the Sierra Madre community. The Committee anticipates printing the resource guide in a booklet format, 5.5" wide x 8.5" tall.

NEXT STEPS

Commissioners should review the rough draft of the resource guide and determine if they are in concurrence with the categories, contact information, layout and format that the Ad-Hoc Committee has developed. If Commissioners are not in concurrence with any of the components they should suggest changes.

Commissioners may want to consider the following while reviewing: appropriate category names, consistency of contact information, a descriptor sentence or paragraph at the start of each category, the size of the document, a limit to the number of pages, and font size. If Commissioners think of anything else pertinent they should share that too.

The Committee will take the suggestions of the Commission and revise the document, bringing a more formal second draft back to the Commission at a future meeting.

PUBLIC NOTICE PROCESS

This item has been noticed through the regular agenda notification process. Copies of the report are

available at the City Hall public counter and on the City of Sierra Madre website.

STAFF RECOMMENDATION

Staff recommends that the Senior Community Commission review the Resource Guide rough draft and provide the Ad-Hoc Committee with feedback on the categories, contact information, layout, and format of the Resource Guide.

ALTERNATIVES

1. The Senior Community Commission can make no changes and agree with everything currently included in the Resource Guide rough draft.
2. The Senior Community Commission can suggest changes to the Resource Guide rough draft for the Ad Hoc Committee to implement.
3. The Senior Community Commission can choose to abandon updating the Resource Guide.

Attachments (1):

1. Resource Guide Rough Draft

City of Sierra Madre
ALL LIFE THREATENING EMERGENCIES
Police, Fire, and Paramedics

911

LA County

For Free information

on Health and Social Services

**(Medi-Cal? Food Stamps? Health Ins. Senior Services?
 Violence in your home? Substance abuse?)**

211

(All 626 area code unless stated otherwise)

City of Sierra Madre

City Hall	355-7135
Chamber of Commerce	355-5111
Fire Department - non-emergency	355-7135
Paramedics	355-1401
Police - non-emergency	355-1414
Paramedics - non-emergency	355-1401
Senior Services	355-7394
Sierra Madre Public Library	355-7186
Swimming Pool	355-2356

Accounting Services

Accurate Bookeeping & Mgm. 355-1242

35 N. Baldwin Ave. Sierra Madre, CA

State of the Art Business Service 355-6770

PO Box 1023, Sierra Madre, CA

Linda Thunes Bookeeping 836-0858

700 Skyland Dr. Sierra Madre CA

David Wakumoto CPA 355-6000

185 Grove St. Sierra Madre, CA

ASSISTANCE/SERVICES/HELP

AARP -

200 S. Los Robles Ste. 400

Pasadena, CA 91101

866-448-3615

Adult Protective Services -24Hr.

2727 S. Grand L.A.

356-5101

Alzheimer's Assoc. Helpline 1-800-272-3900

C.A.P.S. (Alzheimer's Day Care) 351-5427

Center for Aging Resources 577-8480

Crime Victim Assistance 1-800-394-2255

Convalescent Aid Society 793-1696

3755 E. Foothill Blvd. Pasadena

(Free medical equipment)

Dept. of Public Social Services 791-6302

Elder Abuse Hotline 1-800-9921660

IHSS (In Home Supportive Services) 1-213-744-4477

MECICARE 1-800-824-0789

Social Security 796-0306

Visiting Nurses Association

(Home Health)

1-877- 862-3748

VITAS (Hospice) 918-2273

Auto

Moe's Automotive Service Center	355-2178
125 W. Sierra Madre Blvd. Sierra Madre, CA	
Sierra Madre Honda	355-4663
54 N. Baldwin Ave. Sierra Madre, CA	
Valero High Quality Auto Service	355-3337
4 N. Baldwin Sierra Madre, CA	
Village Auto Clinic	355-1146
22 E. Montecito Ave. Sierra Madre, CA	

Bakery

Bean Town Coffee House & Bakery	355-1596
45 N. Baldwin Ave. Sierra Madre CA	
Poppy Cake Baking Co.	355-9000
28 W. Sierra Madre Blvd. Sierra Madre, CA	

BANKS

Bank of America	453-8400
350 W. Sierra Madre Blvd.	
Bank of the West	355-3373
100 W. Sierra Madre Blvd.	
Chase	355-3511
25 W. Sierra Madre Blvd.	

Chiropractors

Helen Huber DC	355-2816
W. Sierra Madre Blvd. Sierra Madre	
Heritage Family Health Service	355-4710
31 S. Baldwin, Ave. Sierra Madre	
John M. Talevich DC	355-4710
Lifeworks Chiropractic	355-4710
Sierra Madre Holistic Health	355-2816

Churches

Bethany Church of Sierra Madre	355-1403
93 N. Baldwin Ave. Sierra Madre, CA	
Church of Christ - Sierra Madre	355-1817
212 N. Lima, Sierra Madre, CA	
Congregational Church	355-3566
170 W. Sierra Madre Blvd. Sierra Madre, CA	
Episcopal Church of the Ascension	355-1133
25 W. Laurel Ave. Sierra Madre, CA	
Foothill Center for Positive Living	836-2022
49 S. Baldwin Ave. #A, Sierra Madre, CA	
Healing Light Center Church	306-2170
261 E. Alegria Ave. Sierra Madre, Ca	
Mater Dolorosa Passionist Community	355-0196
700 N. Sunnyside Ave. Sierra Madre, CA	
St. Rita of Cascia Parish	255-1292
318 N. Baldwin Ave. Sierra Madre CA	
Sierra Madre United Methodist	355-0629
695 W. Sierra Madre Blvd. Sierra Madre, CA	

Computer Services

Foothill Computer Services 355-8315
62 W. Alegria Ave. Sierra Madre, CA

A Buck or Two Communications 836-0294
170 Coburn Ave. Sierra Madre, CA

Department of Motor Vehicles

DMV-Pasadena 800-777-0133
DMV-(Senior Driving Issues) 323-724-4000

Drug Stores – See Pharmacies

Dry Cleaners

Crystal Cleaners 355-6022
2 N. Baldwin Ave. Sierra Madre, CA

Pantorium Cleaners 355-1471
330 W. Sierra Madre Blvd. Sierra Madre, CA

Sierra Madre Cleaners 355-1437
183 W. Sierra Madre Blvd. Sierra Madre, CA

Electricians

Amperage Electric 355-0030
289 W. Highland, Sierra Madre, Ca

Cornerstone Electric Inc. 394-2104
280 W. Sierra Madre Blvd. #127 Sierra Madre, Ca

Ed Claire Electric 355-4424
32 Park Ave. Sierra Madre CA

Florists

Donna Embree Specialty Florist 355-2019
85 S. Baldwin, Sierra Madre

Flowers by Nobee 355-6739
370 W. Sierra Madre Blvd. Sierra Madre

Leonora Moss 355-2529
9 Kirsting Court, Sierra Madre

Grocery Stores/Markets/Liquor

Albertson's 351-0076
3841 E. Sierra Madre Blvd. Pasadena

Bottle Shop 355-1262
58 W. Sierra Madre Blvd. Sierra Madre

E. Waldo Ward & Sons 355-1218
273 E. Highland, Sierra Madre

Fresh and Easy 256-8800
133 E. Foothill Blvd. Arcadia

Ralphs

211 E. Foothill Blvd. Arcadia 357-1942

3601 E. Foothill Blvd. Pasadena 351-8806

(Pharmacy) 351-6572

Sierra Madre Grocery Company 355-9556

Sprouts 696-1290
39 N. Rosemead Blvd. Pasadena

Taylor's Meat and Produce 355-8267
3 E. Sierra Madre Blvd. Sierra Madre

Trader Joe's 351-3399
467 W. Rosemead Bld. Pasadena

Hair Salons and Barbers

Brianna Salon 836-1037

38 W. Sierra Madre Blvd.

Capolli Court 836-1242

51 N. Baldwin, Sierra Madre

Chris' Hair Styling Family 355-9576

300 W. Sierra Madre Blvd.

Colbert Hair Studios 836-8811

94 N. Baldwin, Sierra Madre

Hair Styles 355-9576

300 W. Sierra Madre Blvd. Sierra Madre

Hair Upstairs 355-3762

18 W. Sierra Madre Blvd. Sierra Madre

Hastings Ranch Barber Shop 355-1368

38 Sierra Madre Blvd. Pasadena

Karen's Art of Change 355-0521

370 W. Sierra Madre Blvd. Sierra Madre

Salon Zelo 355-5290

50 W. Sierra Madre Blvd. Sierra Madre

Lunch Salon 355-1481

65 N. Baldwin Ave. Sierra Madre

Hardware

Arnolds Frontier Hardware 355-3365

297 W. Sierra Madre Blvd Sierra Madre CA

Home Care (Private Pay) (Non Medical)

Foothill Home Care Partners, INC. 836-2006

78 W. Sierra Madre Blvd.

Sierra Madre, CA 91024

www.foothillhomecare.net

Hello Home Care, Pasadena 768-1476

572 E. Green St. Ste. 303

PASADENA, CA 91101

Maxim Companion Services 1-866-204-6854

San Gabriel Valley

Right at Home 584-8130

1250 E. Walnut St. Ste. 220

Pasadena, CA 911

Select Home Care, Pasadena 799-4855

1386 E. Walnut St. Ste. 203

Pasadena, CA 91106 www.selecthomecare.com

HomeHealth Care (Nursing Care) (Insurance)

Accredited Nursing Care, Pasadena 573-1234

572 E. Green St. Suite 300

Pasadena, CA 9110

www.acriditednursing.com

Continuity Care Home Nurses (818) 753-5106

(Serving So. Calif.)

Pegasus Home Health Care 1-818-548-1239

(Serving San Gabriel & Fernando Valleys)

Right at Home, Pasadena 584-8130

Hospice Care

Seasons Hospice 1-866-278-7500

Serving Los Angeles County

Vitas Innovative Hospice Care 1-800-938-4827

1343 N. Grand Ave. Covina

Titles to Go – Public Library
(Books/Audio Delivered) 355-7186

HOSPITALS

Arcadia Methodist 898-8000
A.M. Wound Healing Center 462-2655
50+ Health Connection 574-3733
300 W. Huntington Dr., Arcadia, CA
City of Hope 256-4673
1600 E. Duarte Rd. Duarte, CA 91010
Foothill Presbyterian 963-8411
250 S. Grand Ave. Glendora, CA 91741
Glendale Adventist Medical Center 1-818-409-8000
1509 Wilson Terrace, Glendale, CA. 91206
Huntington Hospital 397-5000
100 W. California Blvd. 91105
Huntington Out Patient Surgery 535-2434
625 S. Fair Oaks #380 Pasadena
Monrovia Memorial Hospital 408-9800
323 S. Heliotrope Ave. Monrovia, Ca 91016
San Gabriel Valley Medical Center 289-5454
438 W. Las Tunas Dr., San Gabriel, Ca 91776

In-Home Services

Access Podiatrist and Wound Care 1-818-242-3668
ext. 211
Dental Hygienist Office-355-4411
Merrie Lynne Detoy RDHAP Mobile390-1437
www.britecorps.com - lynne@britecorps.com
Hair Stylist – Amanda Burnett 399-9191
Physical Therapist–Shannon VanDeVelde 840-6384

Jewelers
Baldwin Jewelers 355-577
115 Kersting Court, Sierra Madre
Charlottes Fine Jewelry 355-2818
40 N. Baldwin Ave. Sierra Madre

LEGAL Services

Berra’s Associates 355-3778
Betzedek Legal Services 1-323-939-0506
(Free Legal advice for low-income seniors)
Dispute Resolution Services 1-213-896-6533
(Mediation/Arbitration)
D. Barton Doyle 836-1686
David Hearst Law Offices 355-1720
Douglas J. Farrell Law Offices 355-3401
Lawyer Referral Service 1-877-487-3337
Life Services Inc. 1-818-547-0583
(Conservatorship)

LONG TERM CARE INFORMATION

California Registry (Housing facilities for assisted living
(Alzheimer’s) 1-800-451-2273
L.A. Caregiver Resource Center 457-4131
Michael Singer Law Offices 836-0505
Nancy P. Moloney, Law 355-1844
Ombudsperson 1-800-334 – 9473
Peter Covette 836-4900
Savarese Law Firm 355-3264

Locksmith

Hal Burney (cell) 422-4415

MEALS ON WHEELS

Altadena	794-0313
Arcadia	447-2193
Monrovia	256-8187
Pasadena	795-4331
Sierra Madre	355-0256

MEDIA

Mountain View News	355-2737
60 W. Sierra Madre Blvd. #327 Sierra Madre CA	

Medical Equipment

Convalescent Aid Society	793-1696
(Free for In-Home Use)	
3255 E. Foothill Blvd. Pasadena, Ca 91107	

Medical Supplies

	796-5979
3300 E. Foothill Blvd., Pasadena, CA 91107	

MEMORY CARE

Mountain View Estates	794-2169
1954 Skyview Drive Altadena, CA	
Skyview Villa	794-2169
1971 Skyview Dr. Altadena, CA	

Singing Oaks

	357-6818
110 N Mountain Ave., Monrovia, CA 91016	

Con Cariño

	794-2105
1260 N. Sierra Bonita Ave. Pasadena, CA 91104	

The Cottage

	794-2105
1260 N. Sierra Bonita Ave. Pasadena, Ca 91104	

El Molino Rose Villa

	791-4629
1144 N. El Molino Pasadena, CA 91104	

Regency Park El Molino

	578-0460
245 S. El Molino Ave. Pasadena CA 91101	

Woodbury Terrace

	296-0568
1148 Woodbury Rd. Pasadena, Ca 91104	

NAIL SALONS**Parisian Nails**

	355-8975
129 W. Sierra Madre Blvd. Sierra Madre	

Soft Touch Nail Salon

	355-3561
18 W. Sierra Madre Blvd. Sierra Madre	

Tropical Nails

	355-5878
56 W. Sierra Madre Blvd Sierra Madre	

NURSING/REHAB CENTERS

Arcadia Health Care Center-Arcadia	445-2170
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Country Villa Huntington-Arcadia	445-2421
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Royal Oaks Manor-Bradbury	386-8381
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Citrus Valley Medical Center-Covina	331-7331
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Covina Rehab Center-Covina	967-3874
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Rowland Nursing Home-Covina	967-2741
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Royal Crest Health Care-Covina	915-5621
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Community Care Center-Duarte	357-3207
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Country Villa Monte Vista-Duarte 359-8141
Monrovia Convalescent-Duarte 359-6618
Santa Teresita Manor-Duarte 359-3243

Pet Services

Arcadia Small Animal Hospital 447-2244
 311 N. Santa Anita, Arcadia, CA

Dog Training 355-6191

153 W. Grandview Ave. Sierra Madre

Dog Wash 836-0701

85 W. Sierra Madre Blvd. Sierra Madre 836-0701

Patti's Pampered Pets 355-5724

625 E. Grandview Ave. Sierra Madre

The Shabby Dog 836-1688

31 E. Montecito Ave. Sierra Madre

Pharmacies

Best Buy 355-3456

bestbuydrugs@yahoo.com

29 N. Baldwin, Sierra Madre

CVS 351-0589

3883 E. Foothill Blvd. Pasadena

950 W. Foothill Blvd. Monrovia 357-1818

Ralphs 351-6592

3601 E. Foothill Blvd. Pasadena

Rite Aid 351-0515

3745 E. Foothill Blvd. Pasadena

165 E. Foothill Blvd. Arcadia 305-9112

Walgreens 256-3536

253 E. Foothill Blvd. Arcadia

2376 E. Colorado Blvd. 768-4040

Plumbing

Delman (Jeff) Plumbing, Inc. (Sierra Madre) 827-0728

Gem Plumbing Inc. 355-3496

Roto-Rooter Plumbing & Drain 795-2467

25 S. Baldwin Sierra Madre

Real Estate

Baldwin Property Management 574-1754

50 E. Foothill Blvd. Arcadia

www.baldwinrealestatemanagement.com

Century 21 Village 355-1451

38 W. Sierra Madre Blvd. Sierra Madre

Podley Properties 355-2384

30 N. Baldwin Sierra Madre

Prudential 355-1600

115 W. Sierra Madre Blvd. Sierra Madre

www.prudentialproperties.com

RECREATION

Senior Olympics 795-4331

Senior Services 355-7394

Sierra Madre Senior Center 355-7135

(Chair Yoga, Movies, Lunch, Speakers, Strength

Training, Day Trips and More)

RESTUARANTS

Bean Town Coffee House and Bakery 355-1596

45 N. Baldwin Ave.

Casa Del Rey 355-6060
 31 N. Baldwin

Corfu 355-5993
 48 W. Sierra Madre Blvd.
 eatatcorfu.net

Four Seasons Tea Room 355-0045
 75 N. Baldwin

Lucky Baldwin's Delirium & Café 355-1140
 21 Kersting Ct.

Mary's Market & Canyon Cafe 355-4534
 561 Woodland Dr.

Only Place In Town 355-3502
 110 W. Sierra Madre Blvd.

Pepper Tree Grill 355-8444
 322 W. Sierra Madre Blvd.

Sierra Birganti 355-3700
 120 W. Sierra Madre Blvd.

Sierra Madre Pizza Co (Delivers) 355-6058
 181 W. Sierra Madre Blvd.

Starbucks Coffee 355-8222
 1 Kersting Ct.

SUBWAY 355-1800
 148 W. Sierra Madre Blvd

Taco Fiesta 355-7000
 345 W. Sierra Madre Blvd.

Thai Sierra Madre (House of Chhalalai) 355-1616
 85 W. Sierra Madre Blvd.

Village Pizzeria 355-8817
 41 N. Baldwin Sierra Madre

Vicious Dogs 2 921-0058

24 W. Sierra Madre Blvd. Unit A Sierra Madre
Wistaria Restaurant & Bar 355-3155
 44 N. Baldwin Ave.

Zugo's Café 831-5700
 74 W. Sierra Madre Blvd.

Senior Centers

Altadena Senior Center 798-0505
 560 E. Mariposa St.
 Altadena, CA 91001

Arcadia Senior Center 574-5130
 365 Campus Drive
 Arcadia, CA 91006

Azusa Senior Center 812-5204
 740 N. Dalton Ave.
 Azusa, CA 91702

Monrovia Senior Center 358-1185
 603 S. Myrtle Ave.
 Monrovia, CA 91016

Pasadena Senior Center 795-4331
 85 E. Holly St.
 Pasadena, Ca 91103

Sierra Madre Senior Center 355-7135
 222 W. Sierra Madre Blvd.
 Sierra Madre, CA 91024

South Pasadena Senior Center 403-7360
 1102 Oxley St.
 South Pasadena, CA 91030

Senior Discounts

(Ask about Senior Discounts wherever you see AARP, AAA etc. cards displayed where you eat, shop or buy tickets)

Activities & Entertainment

AMC Theaters: Up to 30% 55+
Bally Total Fitness \$100. Off Membership 62+
National Parks \$10 Lifetime Pass 50%
 off additional services including camping 62+

Cell Phone Discounts

AT&T Special Senior Nation 200 Plan \$19.99 Month 65+
 Jitterbug: \$10 month cell phone service 50+
 Verizon Wireless Nationwide 65+ plan \$29.99 month 65+

Drug Stores

Rite Aid (Rite Aid Wellness Program) 20% 65+
 Walgreens Senior Day Once a Month (Varies by location)
 Balance Rewards members all AARP Members) Discount if
 20% off Walgreen brands & 15% on most everything else.

Grocery:

Great Valu Food Store 5% off Tuesdays 60+
 Gristedes Supermarket 10% off Tuesdays 60+

Hair Cuts

Great Clips \$8.00 off hair cuts 60+
Supercuts: \$8.00 off hair cuts 60+

Travel:

Amtrak 15% 62+
Greyhound Bus 15% 62+
Trailways Various 50+

Senior Housing Apartments/Independent/Assisted/ Memory Care

Arcadia Gardens Retirement Hotel 574-8571
 Assisted Living
 720 W. Camino Real
 Arcadia, CA. 91007

Atherton Baptist Homes, Assisted Living 289-4178
 214 S. Atlantic Blvd.
 Alhambra, CA 91801

Atria Covina 967-9621
 825 W. San Bernardino Rd.
 Covina, CA 91722
www.atriaseniorliving.com

Atria Rancho Park 339-5426
 801 Cypress Way
 San Dimas, CA 91773
www.atriaseniorliving.com

Avila Gardens for Active Seniors 599-2214
 Independent Living
 1171 Encanto Parkway, Duarte CA 91010
administrator@avilagardens.com

Bridgecreek, Independent Living 356-2600
 3601 Holt Avenue
 West Covina, CA 91791

Chancellor Place of Pasadena		Santa Teresita	359-3243
Community Care Center Nursing Home	357-3207	Assisted Living-Physical Rehabilitation-Skilled Nursing	
2335 Mountain Ave. Duarte, CA 91010		819 Buena Vista St. Duarte, CA 91010	
Heritage Park Senior Apartments	888-3371	Sunrise at San Marino	292-7800
915 Highland Ave., Duarte		8332 Hubtington Dr. San Gabriel, CA	
Monte Vista Grove Nursing Home	792-2712	www.santa-teresita.org contact@santateresita.org	
2889 San Pasqual St. Pasadena, CA 91107		The British Home, Independent/Assisted	355-7240
Pasadena Highlands	768-7764	647 Manzanita Ave. Sierra Madre, Ca	
Independent and Assisted Living		www.britishhome-ca.us	
1575 E. Washington Blvd Pasadena, CA 91104		The Gables Monrovia	301-0204
Regency Park Astoria	796-4303	201 E. Foothill Blvd.	
925 E. Villa St.		Monrovia, CA 9101	
Pasadena, Ca 91106		The Kensington of Sierra Madre	355-5700
www.regencypk.com		Assisted Living	
Regency Park Oak Knoll	817-6408	245 W. Sierra Madre Blvd.	
255 S. Oak Knoll Ave.		Sierra Madre, CA 91024	
Pasadena, CA 91101		www.TheKensingtonSierraMadre.com	
www.regencypk.com		The Terraces of Park Marino	798-6753
Regency Park – The Fair Oaks	921-4108	2587 E. Washington Blvd. Pasadena, CA	
951 S. Fair Oaks		Vista Cove	447-0106
Pasadena, CA 91105		601 Sunset Blvd.	
www.regencypk.com		Arcadia, CA 91006	
Regency Park – The Villas	817-6412	www.vca@vistacove.net	
539 N. Mentor Ave.		Westminster Gardens	358-2569
Pasadena, CA 91106		1420 Santa Domingo Ave.	
www.regencypk.com		Duarte, CA 91010	
Royal Oaks	359-9371		
1763 Royal Oaks Drive		Senior Safety	
Bradbury, CA 91010		Lifeline	1-800-543-3546
		Stay Home Safe , Rob Johnson	792-0070

www.stayhomesafe.com Lic. #892444
(Home Modifications)

Post Alarm MediPendant **1-800-654-POST**

SERVICE ORGANIZATIONS/NON PROFITS

Kiwanis Club of Sierra Madre **355-3656**

Rotary Club of Sierra Madre **672-5852**

Sierra Madre Civic Club

P.O. Box 413, Sierra Madre, Ca. 91025

Sierra Madre Garden Club

smgardenclub.shutterfly.com

Sierra Madre Historical Pres. Society

smhps@outlook.com

Sierra Madre Post Office **1-800-275-8777**

Sierra Madre Public Library

440 W. Sierra Madre Blvd. 355-7186

Titles to Go (Books/Audio delivered)

Sierra Madre Rose Float Assoc. 355-7005

Sierra Madre Rotary Club 672-5852

Sierra Madre Woman's Club 355-4379

Woman's Club Wistaria Thrift Shop 355-7739

Thrift Shops

Goodwill

WWW.goodwillsocal.org

17 Las Tunas Dr. Arcadia 574-7625

183 Altadena Dr., Pasadena 564-0335

Out of The Closet

outofthecloset.org

1726 E. Colorado Blvd. Pasadena 440-1719

Salvation Army

WWW.salvationarmyusa.org

35 Waverly Dr. Pasadena 795-0274

56 W. Del Mar Blvd. Pasadena 577-4649

Wistaria Shop

550 W. Sierra Madre Blvd 355-7739

TRANSPORTATION

A1 Taxi & Yellow Cab **289-4800**

922 W. Huntington Dr.

Arcadia, CA 91007

A1 Taxi & Yello Cab **626-6429**

147 W. Lemon Ave.

Monrovia, Ca 91016

Access

1-800-827-0829

Curb-to-Curb

www.asila.org

Bell Cab Co. **445-9500**

Advance Reservations Welcome

Package Delivery - 24 Hour Service

Limo Cab Co. **447-8294**

10 E. Huntington Dr.

Arcadia, Ca 91006

limo-cabcompany.com

Quick Tech Medical Transport **538-4228**

(Non-medical transport for someone in a wheel chair or hospital bed)

Sierra Madre Dial-A-Ride **355-3873**

www.cityofsierramadre.com/transportation

The Gateway Coach Round-A-Bout (Free)

355-5278 (Contact Community Service)

www.cityofsierramadre.com/transportation

Metro **1-323-466-3876**

www.metro.net

Metrolink **1-800-371-5485**

www.metrolinktrains.com

Transportation Information Line **511**

Trip Planning Website: www.google.com/transit

MTA

www.metro.net - Trip Planner

Bus & Rail Info. **1-323-466-3876**

Wheelchair Lift Hotline **1-800-621-7828**

Quick Tech Medical Transport **538-4228**

Non Medical Transport for someone in a Wheelchair
or hospital bed.

Utilities

Athens Services (Trash) **1-888-336-6100**

So. Cal. Edison **1-800-655-4555**

So. Cal. Gas **1-800-427-2200**

Veteran's Affairs **813-3402**

(Aid and Attendance Benefit)