

WISTARIA VINE

SPRING 2016



MOUNT WILSON TRAIL RACE





WATER UPDATE

Conservation Update – We Can Do Better!

The latest water conservation report submitted to the State of California shows Sierra Madre used approximately 6% more water last December as compared to the same month in 2013. Usage spiked to 173.3 acre feet in December 2015.

While it's true that the El Niño fueled storms moving through California will serve to help the State's drought problem, its effects are not enough to provide a long-term solution. Conservation measures need to continue and residents are asked to remain diligent in their efforts to reduce water. Residents are encouraged to take advantage of the wetter season by limiting the irrigation of outside lawns and harvesting rainwater whenever possible.

CONSERVATION TARGET EXCEEDANCE PENALTIES

The violation of exceeding one's Conservation Target is \$5.04 per unit over the conservation target. twice the Tier 1 rate per unit over the target. The penalty is set at the Tier 1 rate and is currently \$2.52 per unit and therefore the penalty surcharge comes out to \$5.04 per excess unit. Water consumption is measured by a unit which is equal to 100 cubic feet of water or 748 gallons. Sierra Madre water customers receive a bill once every two months. If a water customer has achieved the maximum practical reduction in water consumption and is concerned that their Conservation Target is too low, an appeal process is available to them. Please contact the Department of Public Works at 626-355-7135 for more information.

"STATE BOARD VIOLATION" FINES

Residents will be fined \$125 for the first violation, \$250 for the second violation, and \$500 for the third and additional violation of the following prohibitions:

The following uses of water are prohibited for all water department customers:

- No washing of sidewalks, walkways, patios, driveways, or parking areas by a water hose.
- No water shall be used to clean, fill or maintain levels in decorative fountains unless such water is part of a recycling system.
- No restaurant, café, deli, or other public place where food is sold, served or offered for sale, shall serve drinking water to any customer unless expressly requested by the customer.

- No customer of the water department shall permit water to leak from any facility on the premises.
- No lawn, landscaping, or other turf area shall be watered or irrigated between the hours of 10am - 4pm.
- No lawn, landscape, or turf area shall be watered in a wasteful manner, nor water be wasted if the existing conditions may be corrected or reasonably modified.
- The use of a hose to wash an automobile, except where the hose is fitted with a shut-off nozzle or device attached to it that causes it to cease dispensing water when not in use.

RESTRICTIONS ON IRRIGATION

Water customers can only water twice a week and under the following guidelines:

- Even-numbered addresses shall be limited to landscape irrigation on Mondays and Thursdays.
- Odd-numbered addresses and addresses ending in fractions shall be limited to landscape irrigation on Tuesdays and Fridays.
- NO WATERING ON WEEKENDS OR WEDNESDAYS!





SPECIAL EVENTS

STATE OF THE CITY - WEDNESDAY, MARCH 2, 2016

The City of Sierra Madre is hosting the 2016 State of the City on Wednesday, March 2, 2016. The event will be held in the City Hall Council Chambers beginning at 7:00pm. Sierra Madre Middle School will present a performance showcase. Learn about the current topics pertaining to the City including current city finances, water quality & conservation and upcoming projects. This year's event will be streamed live and aired live on SMTV3.

BUDGET WORKSHOP - SATURDAY, MARCH 5, 2016

Join us this March for a budget workshop to discuss the ins and outs of the City's General Fund budget. Participants will learn important information about the City's revenues and expenditures, and explore options for balancing the budget. The workshop will take place from 10am – 12pm in the Sierra Madre Fire Station located at 242 Sierra Madre Blvd.

HUCK FINN FISHING DERBY AND CAMPOUT - FRIDAY, APRIL 8 THROUGH SUNDAY, APRIL 10, 2016



The Huck Finn Fishing Derby and Campout is a great opportunity for outdoor family fun! Every year hundreds of families continue their annual tradition of fishing in Sierra Madre. Families can spend a night under the stars at the campout, and then wake up early the next morning to catch trout during the derby. Trophies are awarded to the top three youth in each age category: 3-6 years, 7-9 years, 10-12 years, and 13-15 years. This wonderful event is brought to you with the community support of the Sierra Madre Civic Club, Sierra Madre Kiwanis Club, and Sierra Madre Rotary Club. The event is sponsored by Sierra Madre Volunteer Firefighters Association, Issei Foundation, Johnny's Sport Shop, The Kensington, Berkshire Hathaway, Osti Tree Service, Izorline International Inc., Buccaneer Lounge, Veterans of Foreign Wars Post 3208, and Irvine Lake. For more information on the event please call 626-355-7135.

Friday, April 8, 2016 – Campout

- \$58.00 per site for a family of up to six (Includes Derby)
- Campsites are filled on a first come, first served basis
- Registration begins February 29, 2016

Saturday, April 9, 2016 – Fishing Derby (7am-11:30pm)

- \$12.00 per youth, for ages 3-15 years only
- No fishing license fees are required

- Trophy prizes awarded in each age category

Saturday, April 9, 2016 – Family Fishing (12pm-4pm)

- Cost is \$22.00 for a family of four (good only for one day)
- No Catch Limit

Sunday, April 10, 2016 – Family Fishing (7am-4pm)

- Cost is \$22.00 for a family of four (good only for one day)
- No Catch Limit

MOUNT WILSON TRAIL RACE – SATURDAY, MAY 28, 2016

The 8.6 mile running race is a unique historic event, revered by the Sierra Madre community and by the competitors who return each year. As the second oldest trail race in California the MWTR is rich in history and has developed strong ties to community members and organizations alike, making this event one looked forward to year after year. The MWTR encompasses a variety of programs and offerings including free training runs for youth and adults, Kids' Fun Run, Kids' T-Shirt Design Contest, vendor booths on race day and the Pasta Feed Dinner. For more detailed information on the 2016 Mount Wilson Trail Race please visit www.mountwilsontrailrace.com or call 626-355-7135.



COMMUNITY YARD SALE - SATURDAY, JUNE 4, 2016

Save the date for the Senior Community Commission's 6th Annual Community Yard Sale on Saturday, June 4 from 8:00am to 12:00pm located in the Sierra Vista Park Parking Lot (611 E. Sierra Madre Blvd). This event is open to all and is a great way to sell all those extra items in storage. Registration for a selling space will be available in April. For more information please call the Hart Park House Senior Center at 626-355-7394.



SENIOR SERVICES

SENIOR MOMENTS NEWSLETTER

The Senior Moments Newsletter publication contains monthly activities, excursion information and special event dates. The newsletter can be received via email or in the mail and can be viewed on the City's website at www.cityofsierramadre.com. Call the Hart Park House at 626-355-7394 to be added to the mailing list.

SENIOR LUNCH CAFÉ

All seniors and friends are invited to take part in the YWCA Intervale daily lunch program held at the Hart Park House. Meals are served Monday through Friday at 12:00pm (participants should arrive by 11:45am). Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-seniors guests. Daily reservations are necessary 24 hours in advance by calling 626-355-0256.

MEALS ON WHEELS

The Home Delivered Meals Program provides healthy meals to homebound older persons. The meals can be hot lunches that are delivered each weekday, or can be frozen meals that are delivered in a package of seven once per week. To be a part of this program please contact the YWCA Intervale Senior Services at 626-214-9467.

TRANSPORTATION SERVICES

The Gateway Coach is free to use and operates during the middle of the day. The Gateway Coach makes stops throughout town as well as the Ralphs in Hastings Ranch. Dial-A-Ride services are available for \$2.00 per one-way trip by calling 626-355-3873. Patrons must submit an application prior to using Dial-A-Ride services. For more details visit www.cityofsierramadre.com.

Hart Park House - Senior Center Activities

Free Balance Class: 3rd Monday of the month from 11:00am to 11:45am. Improve your health and well-being with local physical therapist Shannon Vandevelde. The class focuses on balance as it is important for everyday life. Shannon is also available to answer questions.

Tech Talk with Teens: The 4th Monday of each month from 2:00-3:00pm teens will provide instruction on using cell phones, laptops, tablets, or other electronic devices. Call 626-355-7394 to register.

Chair Yoga: Held Mondays and Wednesdays from 11:00am to 11:45am, except the third Wednesday of the month. Join Paul Hagen for this free class that focuses on yoga techniques from a seated position. A \$5.00 donation is suggested per week, but not required.

Bingo: Every Tuesday from 1:00pm to 3:00pm. Cards are only \$0.25 each! Everyone is welcome to join. No registration necessary.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10:00am to 11:00am. Learn more about the art of Hawaiian and Polynesian Dance; instruction provided by Barbara Dempsey.

Free Blood Pressure Testing: 2nd Tuesday of the month, 11:00am to 12:00pm. A nurse from Methodist Hospital will be available to answer questions. No appointment needed.

Senior Movie Program: Held the 1st and 3rd Wednesday of each month beginning at 1:00pm.

Free Legal Consultation: One Wednesday a month from 10:00am to 12:00pm Attorney Lem Makupson is available to all seniors for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injuries. Appointments are required by calling 626-355-7394.

Lunch and Learn: On the 3rd Wednesday of the month come join us for lunch and hear about a new topic and issue relevant to all seniors. Program begins at 12:00pm and is provided by The Kensington.

Case Management: On the 2nd Thursday of the month, consultations are provided in a variety of areas. Appointments are required and can be scheduled by calling the Hart Park House at 626-355-7394.

Birthday Celebrations: Every second Thursday of the month the Hart Park House Senior Center celebrates birthdays of our patrons. The free birthday cake is provided by the Sierra Madre Civic Club.

Free Strength Training Class: Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The strength training class utilizes light weights for low impact resistance training. All materials for the class are provided.

Brain Games: Every third Thursday of the month improve your memory and strengthen your brain. Activities facilitated by Hugo, Community Liaison for New Wave Home care of Pasadena.



COMMUNITY SERVICES

EXCURSIONS



Join us each month for a different out of town adventure. Trips depart from and return to the Hart Park House in Memorial Park unless otherwise noted. Reservations must be made in advance either in person at the Hart Park House Senior Center, Community Services Department at City Hall, or online at www.cityofsierramadre.com. Detailed excursion information is published in the Senior Moments newsletters or available online. For more information please contact the Senior Center at 626-355-7394 or Community Services Department at 626-355-7135.

Dodger Stadium Tour

Date: February 19th, 2016

Time: 9:00am to 3:00pm

Meeting Location: Hart Park House

Cost: \$20.00 (Does not include Lunch)

BAPS Shri Swaminarayan Mandir

Date: March, 2016 - Date TBD

The Mandir is home to an interactive exhibition on the history, culture and wisdom of Hinduism. Visitors can learn about the origin, beliefs, and values of Hinduism, and how this ancient religion is thriving today throughout the world.

WATERWORKS AQUATICS

The Sierra Madre Aquatic Center is open year around with regular programming including swim lessons, rec swim, lap swim and swim team! Lap Swim is offered seven days a week, including morning and evening hours. Swim team is available throughout the year with practices held Monday through Thursday. Please contact Waterworks Aquatics directly if you are interested in any of these great programs. Registration for programs is available online at www.waterworksswimonline.com. For more information call 626-836-1200 or visit www.waterworksswim.com/sierramadre.



COORDINATING COUNCIL

The Sierra Madre Coordinating Council provides members the opportunity to plan events and programs on a year long basis, while minimizing conflicts with other groups and organizations. Participating groups include: local schools, non-profit groups, community organizations and government agencies. If you are interested in participating please contact Administrative Aide Rosemary Garcia at rgarcia@cityofsierramadre.com.

PASADENA YMCA LICENSED CHILD CARE IN SIERRA MADRE

The Y provides a fun, safe place for your children as well as opportunities to explore their interests through enrichment programs. Benefits include care when school is not in session, 1:14 staff to child ratio and enrichment instructors with a background in education and child development. Curriculum includes homework time, fun enrichment classes, activities throughout the day and the chance to work with community organizations. Staff is CPR/First Aid and water safety certified, fingerprinted and completed training and coursework in child development and early childhood education. Financial assistance is available. Fees vary based on program options. DSS LIC #19801150. Call 626-355-5261 for info. Operating Hours through May 2016: Monday – 12:35pm - 6:00pm and Tuesday – Friday 2:15pm - 6:00pm.

PASADENA YMCA TEEN LEADERSHIP CLUB

The Teen Leadership Club at the Youth Activity Center is a program where teens feel valued and supported, know they have options and prospects for a successful future and gain the competence and confidence to become productive adult citizens. Areas of focus include: youth development, staff-supported homework time, literacy and educational support, arts and enrichment programming, healthy living, nutrition and physical fitness, social responsibility, character development and community service learning projects. The teen program follows PUSD school schedule, and operate only on days when school is in session. COST: \$125 /month. Operating Hours through May 2016: Early Release Mondays - 6pm and Tuesday - Friday School Dismissal - 6pm. Call 626-355-5261 for information.



LIBRARY SERVICES

ANNUAL ART & ESSAY CONTEST ATTRACTS LOCAL PARTICIPANTS

Local children use their creativity and earn cash prizes in the yearly Art & Essay contest sponsored by the Library starting March 1.

Children in grades K–2 create drawings and students in grades 3-8 write essays using the year’s theme, *Read to Win*.

Winners of the contest are honored with an award ceremony at the Library where they receive certificates and prizes. 1st place winners receive \$50 and 2nd place winners receive \$35.

Prize money is donated by local organizations including, Sierra Madre Civic Club, Sierra Madre Community Foundation, Sierra Madre Kiwanis, Sierra Madre Rotary, the Spero Foundation and Friends of the Library.

REGULARLY SCHEDULED CHILDREN’S PROGRAMS

Mondays @ 10am	Preschool Storytime
Tuesdays @10am	Baby Rhyme Time
Wednesdays @ 7pm	Preschool Storytime
2nd Thursdays @ 3:30pm	Barks & Books

ONE BOOK -- ONE CITY -- NEW DATE

The popular annual One Book One City program, normally held in February, has been moved to July as part of the Summer Reading Program. One Book One City is a community reading program that gets everyone in Sierra Madre to read and discuss the same book during a month of events. The theme this year is *Read to Win*.

NATIONAL LIBRARY WEEK CELEBRATION OFFERS FUN IN APRIL

Mark your calendar and celebrate the Public Library with special events for all ages.

April 11 at 10:00am, Birdie’s Playhouse
 April 12 at 10:00am, Baby Rhyme Time
 April 14, at 4:00pm, Teen Book Club Party
 April 14 at 3:30pm, Barks & Books
 April 16 from 10:00am to noon. Open House. Fun and festivities are in store at the Library Open House from 9am – 12pm. Stop by the local author tables, Friends of the Library Book Sale, Teen Docent Local History Tour, Sierra Madre Historical Preservation Society table, and partake

of light refreshments.

THIRD THURSDAY BOOK CLUB

Take part in the lively discussion on the thrid Thursday of every month at 11:00am.

- February 18, 11am – The Winter of Our Discontent and/or Travels with Chrley by John Steinbeck
- March 17 11am – Destiny of the Republic by Candice Millard
- April 21, 11am – The Last Runaway by Tracy Chevalier
- May 19, 11am – Empire of Deception by Dean Jobb
- June 16, 11am – My Antonia by Willa Cather

TEEN BOOK CLUB

Calling all Bibliophiles in grades 7-12 for the Teen Book Club! The Teens meet on Wednesday afternoons from 4:00-5:00pm during the school year. Book Club members enjoy free books, snacks, and games while meeting other students, sharing ideas, and making friends.

TEEN HISTORY DOCENTS SPRING TRAINING

Be part of the excitement and sign-up now to become a Teen History Docent! Sierra Madre Library invites teens 12 and older to become Teen History Docents. Teens develop public speaking skills, learn Sierra Madre’s unique local history, and earn service hours. Tours take place in the Library’s Local History Room and the Richardson House Museum.

YARD SIGNS

Visit the Library and pick up your I Love My Library yard signs provided by the Friends of the Library.

EBOOKS, DATABASES AND WI-FI

The Sierra Madre Public Library is open virtually 24/7. Anytime is the right time to download eBooks and audio books or to access authoritative databases. Also, stop by the library to use the free Wi-Fi.

ADULT VOLUNTEERS NEEDED

Local History Archives needs you! Contact Jill Schofield at 626-355-7186 for more information on volunteering to help.

SM Library, 440 W. Sierra Madre Blvd. 626- 355-7186
www.cityofsierramadre.com/services/Library



ADULT & YOUTH CLASSES

All classes available online at www.cityofsierramadre.com/onlineregistration

The Community Services Department now operates out of City Hall. Patrons may register in person at City Hall, located at 232 W. Sierra Madre Blvd., Sierra Madre, CA 91024. Operating hours are Monday through Thursday from 7:30am to 5:30pm. Call 626-355-7135 for more information.

- KIDZ LOVE SOCCER -

Day: Thursdays

Session begins: April 7, 2016

Fee: \$92 for 7 weeks

Time: 4:00pm - 4:45pm (5 - 6 yrs)

Time: 4:45pm - 5:20pm (3.5 - 5 yrs)

Time: 5:30pm - 6:00pm (2 - 3.5 yrs)

Instructor: Kidz Love Soccer Staff

Location: Sierra Vista Park (Eastside Area)

*Each child participant receives a Kidz Love Soccer Jersey

- ADULT CLASSES -

T'ai Chi Ch'uan

Times:

- **7:30am-8:30am** Beginners, Part 1 & 2, continues for 6 months
- **8:30am-9:30am** Beginners, Part 3 & 4, continues for 6 months
- **7:30am-8:45am** Advance, ongoing
- **8:30am-9:15am** Special Forms, ongoing

Day: Saturday

Session begins: Ongoing

Fee: \$32 / 4 classes

Ages: Adult

Instructor: Sam & Cindy Sirlin

Location: Sierra Vista Park, Basketball Courts

*Please purchase punch passes cards at the City Hall. Passes not sold at class.

Yoga for All Ages

Time: 5:15pm-6:45pm

Day: Tuesday, ongoing

Fees:

- \$26 / 4 classes punch passes for 50 & over
- \$34 / 4 classes punch pass for 49 & under

Ages: Adult

Instructor: Andrea Walsh

Location: Hart Park House, Senior Center

*Please purchase punch passes cards at the City Hall. Passes not sold at class.

Yoga – Gentle

Time: 8:30am-9:45pm

Day: Monday & Wednesday, ongoing

Fee:

- \$26 / 4 classes punch passes for 50 & over
- \$34 / 4 classes punch pass for 49 & under

Ages: Adult

Instructor: Andrea Walsh

Location: Hart Park House, Senior Center

*Please purchase punch passes cards at the City Hall. Passes not sold at class.



Tennis Classes-Senior

Monday, Adult Intermediate,

9:00am-10:30am

Fee is \$108.00 for 6 weeks

Thursday, Adult Intermediate, 8:30am-10:00 am

Fee is \$108.00 for 6 weeks.

*Please purchase punch passes cards at the City Hall. No passes sold at class.

Classes may be canceled due to bad weather or instructor/city emergency.

- YMCA -

The YMCA now provides enrichment classes for all ages. To register or for

more information please visit <http://www.ymcaLA.org/pas>

MONDAY

8:15 AM-9:15 AM High-Intensity Interval Training (Damian)

9:30 AM-10:30 AM Hatha Yoga (Laura)

10:30 AM-11:30 AM Easy Does It (Nancy)

TUESDAY

9:30 AM-10:30 AM Pound® (Tara)

10:30 AM-11:30 AM Strength Training Basics (Tara) *Senior Strength Training*

12:30 PM-1:30 PM Stretch (Aliza)

WEDNESDAY

12:30 PM-1:30 PM Barre Workout (Wendy)

THURSDAY

11:30 AM-12:30 PM Strength Training Basics (Kim) *Active Older Adult Class*

12:30 PM-1:30 PM Stretch (Wendy)

FRIDAY

8:15 AM-9:15 AM High-Intensity Interval Training (Damian)

9:30 AM-10:30 AM Barre Workout (Wendy)

10:30 AM-11:30 AM Balance & Mobility (Wendy) *Gentle Gyrokinesis*



City of Sierra Madre
232 W. Sierra Madre Blvd.
Sierra Madre, CA 91024

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Sierra Madre Postal Customer Sierra Madre, CA 91024



STATE OF THE CITY

Wednesday, March 2, 2016 at 7:00pm
City Hall Council Chambers



HUCK FINN FISHING DERBY

Saturday, April 9, 2016 at 7:00am
Sierra Vista Park | Settling Basins



BUDGET WORKSHOP

Saturday, March 5, 2016 at 10:00am-12 noon
Sierra Madre Fire Station



OLDER AMERICAN RECEPTION

Friday, May 13, 2016 from 4:30pm - 6:00pm
Hart Park House Senior Center



MOUNT WILSON TRAIL RACE

Saturday, May 28, 2016 at 7:30am
Kersting Court



COMMUNITY YARD SALE

Saturday, June 4, 2016 from 8:00am - 12:00pm
Sierra Vista Park