

2007 SIERRA MADRE SENIOR MASTER PLAN SCORE CARD 2008

Recommendation 1. RENOVATE HART PARK HOUSE / SENIOR CENTER

DESIRED OUTCOME: Design building improvement plan utilizing existing Proposition A Maintenance and servicing funds. Also to meet the Master Plan goals #1, #3 & #5

ACCOMPLISHMENTS:

- Funding currently totals \$227,000 plus \$16,577 in interest from the LA County – Parks & Open Space Department
- Renovation Project Committee has been established
- Committee has met several times and held a public comment meeting in November 2007
- Committee completed the Renovation Project Recommendations Plan in December 2007
- Plan has been presented to the Senior Community Commission in January 2008 and was approved
- Plan was presented to the Community Services Commission on January 30, 2008 and approved.
- Plan is slated to be presented at the February 26, 2008 City Council Meeting

FUTURE ACTIONS:

- Hire a designer for the project
- Re-locate all HART Park House programs & meetings to a new location during renovation
- Begin work on Kitchen and great room

Recommendation 2. PROVIDE FULL-TIME CITY STAFF FOR SENIOR CENTER

DESIRED OUTCOME: Full-time City personnel assigned to senior services and to establish a work area for staff at the Hart Park House - Senior Services Desk. Also to meet Master Plan goals #3, #5 & #6

ACCOMPLISHMENTS:

- Funding was identified from the General Fund
- Susan Clifton – Recreation Coordinator, Senior Services began on October 2, 2007
- New work station including a computer & printer was established in October 2007
- Senior Services Desk manned 9 am to 2 pm and most days longer

FUTURE ACTIONS:

- Re-vitalize Senior Desk Volunteer Program
- Update 2006 Resource Guide
- Implementation of Lunch & Learn series some on wellness with Proactive Health Partners

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Recommendation 3. IMPROVE & MAXIMIZE EFFICIENCY OF TRANSIT PROGRAMS

DESIRED OUTCOME: Safe, reliable transportation to local services and programs and to meet the Master Plan goal #4.

ACCOMPLISHMENTS:

- Transit Study done January 2007
- New Dial A Ride and Round-A-Bout routes starting August 1, 2007
- New large print transportation schedule in December 2007
- New signs for each transportation stop ordered February 2008
- Ridership is currently flat
- Metro Speakers Bureau did a special presentation on January 30, 2008
- Senior Commission "ride-a-long" on Gateway to take place on February 25, 2008
- Scheduling four AARP 55 Alive classes each year

FUTURE ACTIONS:

- Once a month mini Metro excursions
- Schedule at least one AARP 55 Alive classes on Saturday for working seniors
- Fixed trips to Trader Joe's, Target and Wal-Mart

Recommendation 8. DESIGN AND IMPLEMENT NEW PROGRAMS

DESIRED OUTCOMES: To re-design or create new programs in the area of health, education, recreation, safety and arts which will meet the Master Plan goals #1 – 6

ACCOMPLISHMENTS:

- Health – hosted the annual winter flu shot clinic in November, monthly blood pressure checks resumed December 2007 with use of SM paramedics and a grant was received in January 2008 to host a series of wellness workshops to be conducted by Proactive Health Partners
- Education – installation of two brand new computers & printer and a presentation by Metro geared toward senior riders.
- Recreation – community pool remained open during the fall with senior scholarships available. Increased activity on game day – a small BUNCO group has begun.
- Safety – implemented Postal Alert Program with Police Department and local post office in October 2007. Increased Ear-to-Ear program participation December 2007
- Arts – art excursions are being publicized in the Senior Moments newsletter & several seniors went on the Watts Tower excursion on November 3, 2007

FUTURE ACTIONS:

- Possible collaboration between Sierra Fitness & senior services to offer discounted fitness classes
- Organized computer classes for beginners to include e-mail & Internet exploring

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- **Promote Ear-to-Ear program to increase awareness & participation**
- **Pool open during the Spring with senior scholarships**